

Legacy Food Storage
White Bean Chili Mix
Nutritional Facts & Ingredient Statement

Nutrition Facts

4 servings per container
Serving size 2 Cups (101g)

Amount per serving	Calories	% Daily Value*
Calories	350	
Total Fat 3.5g	4%	
Saturated Fat 1.5g	7%	
Trans Fat 0g		
Cholesterol 5mg	2%	
Sodium 970mg	42%	
Total Carbohydrate 63g	23%	
Dietary Fiber 1g	3%	
Total Sugars 3g		
Includes 0g Added Sugars	0%	
Protein 19g		
Vitamin D 0mcg	0%	
Calcium 189mg	15%	
Iron 5mg	25%	
Potassium 94mg		

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



INGREDIENTS: White Bean, Pinto Bean, Corn Starch, Corn, Cheddar Cheese (pasteurized milk, salt, cheese cultures, enzymes), Onion, Sea Salt, Maltodextrin, Yeast Extract, Spice, Green Bell Pepper, Dried Cane Syrup, Red Bell Pepper, Parsley, Celery, High Oleic Acid Sunflower Oil, Silicon Dioxide, Cilantro, Disodium Phosphate, Carrot, Natural Flavor.

ALLERGENS: Milk.

NET WT 14.15 OZ (401.14g)

GMO FREE
Vegetarian
Uses Sea Salt
No MSG/I+G/AYE
No Trans Fats
Low Cholesterol

DIRECTIONS:

Bring 8 Cups water to boil. Slowly Whisk in entire package. Reduce heat to a medium boil. Cook for 12-15 minutes. Remove from heat let sit 3-5 minutes.